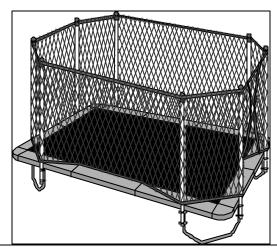


#### **Safety Enclosure**



Model 780XT

Fits most rectangular trampolines up to 14x16 feet (depending on frame layout)

U.S. Patents #6053845, 6261207, and Patents Pending

#### Assembly, Installation, Care, Maintenance, and Use Instructions



# **WARNING**





Do not attempt or allow somersaults on the trampoline. Landing on your head or neck can cause serious injury, paralysis or death, even when landing in the middle of the bed.



Do not allow more than one person on the trampoline (inside the trampoline enclosure at a time. Use by more than one person at the same time increases the chance of injury.



Do not attempt to jump over the barrier (netting).



Do not hang from, kick, cut or climb on the barrier (netting).

Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.

Read these materials prior to assembling and using the Trampoline and Trampoline Enclosure. User Weight Limit: 295 lbs.



# **ATTENTION**



It is the responsibility of the purchaser to become familiar with all of the information in this booklet, to convey the warnings to all users, and to enforce the manufacturers rules for safe use.

This unit is not intended for commercial or public use; and is therefore, strictly prohibited.

Trampolines, being rebounding devices, propel the performer to unaccustomed heights and into a variety of body movements. Therefore, it is emphasized that all purchasers, and all persons using the trampoline, become familiar with the rules for safe use. Misuse and abuse of this trampoline is dangerous, and can cause serious injuries. The purchaser/user of this piece of equipment is assuming a degree of risk for which the manufacturer cannot be responsible.

Read this information thoroughly before allowing the trampoline to be used. Keep this manual available for your review, and for review by all potential users. If there are questions please telephone the manufacturer for further explanation. The phone number is 1-408-213-2551. Hours are 8:00am – 5:00pm, Monday through Friday, Pacific Time.

JumpSport, Inc. P.O. Box 2446 Saratoga, CA 95070 1-408-213-2551

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#### JumpSport® Proflex™ Basketball Set

Let's face it, kids have to look up a lot: at parents, teachers, and bigger brothers/sisters. With the **JumpSport Proflex Basketball Set**, look down for a change!

Whether you are into practicing your outside shot or improving your up-close game, the **Proflex Basketball Set** is a fun way to avoid homework. Heck, athletic scholarships pay for college too!



- Our most popular accessory!
- Easily installed to your safety enclosure
- Set includes basketball

# Don't miss out on these fun accessories and more at www.jumpsport.com!

#### Game & Party Pak™

Bring the party to your trampoline! The **Game & Party Pak** is a great way to take turns and have fun participating in games while you are waiting.

Convince your parents that games provide the "structure" you need in your life, and that the **Game & Party Pak** is just the solution. Plus, you can tell them the Party Pak does big words like:

- -Enhances Athletic Building Blocks
- -Develops Agility, Stamina, Balance, Coordination and Spatial Awareness

(They won't be able to turn you down.)



#### Includes:

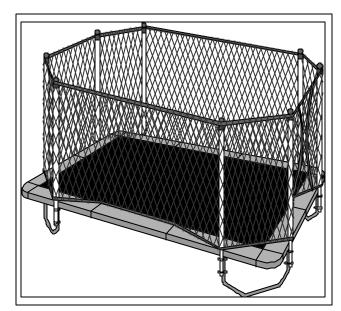
- Illustrated book of 20 games
- 3 soft balls
- 4 shock cords
- ♦ 1 box of sidewalk chalk
- Hours of fun!

#### **ASSEMBLY INSTRUCTIONS**

Read through all assembly steps carefully before beginning the assembly process. Refer to drawings for clarification.

#### **Trampoline Placement**

- ⇒ Adequate overhead clearance is essential. A minimum of 24 feet (7.3 meters) is recommended from ground level. Provide clearance for wires, tree limbs, and other possible hazards.
- ⇒ Lateral clearance is essential. Place the trampoline and trampoline enclosure away from walls, structures, fences, pools, and other play areas. Maintain a clear space on all sides of the trampoline.
- ⇒ Place the trampoline and trampoline enclosure on a **level surface** before use.
- ⇒ Use the trampoline and trampoline enclosure in a well-lighted area. Artificial illumination may be required for indoor or shady areas.
- ⇒ Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
- ⇒ **Remove any obstructions** from beneath the trampoline and trampoline enclosure.
- ⇒ The trampoline enclosure is only to be used as an enclosure for a trampoline and the trampoline must be of the appropriate size as covered by the specific enclosure.
- ⇒ The owner and supervisors of the trampoline are **responsible** to make all users aware of practices specified in the **User Instructions** section of this manual.



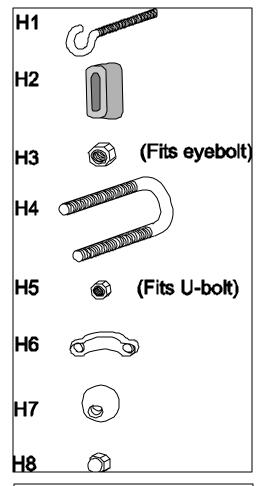
#### **Assembly will require:**

- -7/16" deep socket and rachet, or adjustable wrench
- -1/2" deep socket and rachet, or adjustable wrench
- -Tape Measure
- -8 foot A-Frame Ladder may be useful for some steps (use care and follow procedures for use)

Ref. #	Part #	Description	Quantity
H1	SE-EYE-X-0026RJ	Eyebolt	8
H2	SE-CAP-X-0388	Eyebolt Cap	8
H3	SE-NUT-X-0391	Hex nut with nylon insert	8
H4	SE-UBO-J-0068	U-bolt	16
H5	SE-NUT-X-0035	Hex nut with nylon insert	32
H6	SE-CLA-X-0025	Pole Clamp	16
H7	SE-NUT-X-0368	Ball Nut	32
H8	SE-NUT-X-0462	Steel Acorn Nut	8
Α	SE-POL-X-0633	Upper support pole	8
A2	SE-POL-KX-0636	Lower support pole	8
В	SE-FOA-X-0639	Short Support Pole Cushion	8
С	SE-FOA-X-0634	Long Support Pole Cushion	8
D	SE-SLE-J-0630	Foam Sleeve	8
E	SE-CAP-X-0019	Ball End Cap	8
G	SE-NET-X-0638	Safety Net Assembly	1
Н	SE-BUC-X-0012	Plastic Slide Buckle (1")	1
I	SE-BUN-X-0016	Bungee "T" Anchor	1
J	SE-STR-X-0048	Pad Strap (2ft)	16
K	SE-BUN-X-0015	Bungee Cord, Short	8
L	SE-WRN-J-0076	Safety Placard	1
М	SE-CAB-X-0017	Cable Tie	1
N	SE-BUN-X-0646	Bungee Cord, Long	8
Р	SE-STR-X-0647	Pole Strap (with loop)	8
Z	SE-UBO-X-0710	Wide U-bolt	8

# PARTS NOT TO SCALE Approximately 2 feet Approximately 1.5 feet Approximately 7 feet Approximately 13 feet

#### **HARDWARE**



**IMPORTANT:** Part Z (Wide U-bolts) may ship separately and may arrive in a separate package on a different day.

See Addendum 1 (page 18) for installation instructions.

# Step 1: Assemble support poles

Create one support pole assembly by inserting small end of lower support pole (A2) into large end of upper support pole (A) and snap button into hole.

# Step 2: Install foam and foam sleeves

Slide a long pole cushion (C) onto upper support pole, followed by a short pole cushion (B). Slide foam sleeve (D) over both foam pieces starting at the top of pole.

#### Step 3: Install ball end cap

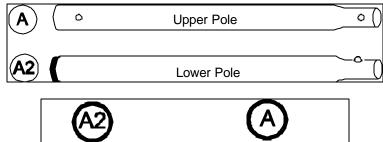
Install ball end cap (E) over top of pole. Rotate so that the holes are aligned. Push eyebolt (H1) though the eyebolt cap (H2), then insert assembly into the small hole on the ball end cap (E). Hand tighten hex nut with nylon insert (H3) onto end. When in place, the opening on the eyebolt should face upward toward the top of the pole. The eyebolt assembly should be loose enough for the upper strap of the safety net to be hung on the eyebolt hook (see Step 7)

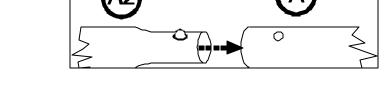
Slip foam sleeve and foam up into skirt of ball end cap.

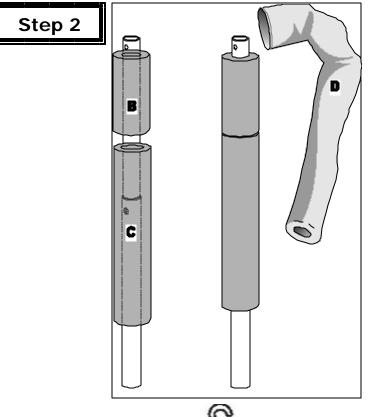
Repeat Steps 1-3 for each support pole assembly to be attached to the legs of the trampoline.

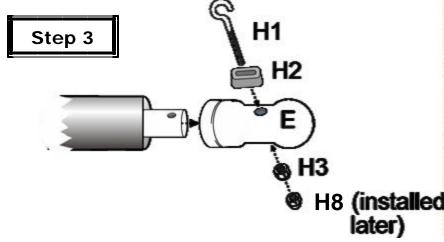
<u>IMPORTANT:</u> One pole has a warning label at the bottom of the pole. The label should be visible when the eyebolt hook faces outward.

#### Step 1









**NOTE:** If your trampoline legs look like **Figure A** to the right, see Addendum 1 found on page 18, for instructions on installing the Wide U-bolts (part Z).

#### STEP 4: Upper U-bolt assembly

- Attach U-Bolt to each leg (at frame). Slide a U-bolt (H4) onto a leg just below the trampoline frame. Rotate the bolts so the ends face inward, toward the center of the trampoline.
- Insert a pole clamp (H6) onto ends of the Ubolt. Thread hex nut with nylon insert (H5) onto U-bolt ends - hand tighten only.
- Slide support pole down through the U-Bolt Assembly. Rotate the support pole so the eyebolt hook (H1) faces directly out, away from the trampoline.

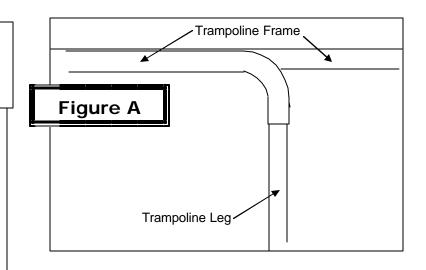
# CAUTION: FAILURE TO DO SO CREATES A HAZARD THAT COULD RESULT IN SERIOUS INJURY

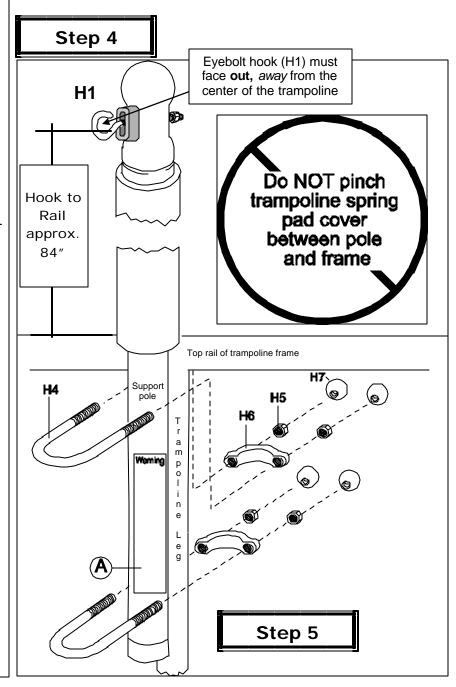
- Use a measuring tape to set the pole height. The distance from the eyebolt hook to the top of the trampoline rail should be approximately 84 inches.
- Fold skirt of trampoline pad back so that it will NOT be pinched between the pole and trampoline frame.
- Tighten the U-bolt assemblies evenly with socket wrench or adjustable wrench. When the gap between the pole and the clamp disappears, stop tightening nuts.

NOTE: AT LEAST ONE POLE WILL HAVE A PROMINENT WARNING LABEL ATTACHED TO IT. INSTALL THIS POLE AT ONE OF THE NARROW ENDS OF THE TRAMPOLINE, WHERE YOU WANT THE ENTRANCE TO BE. THIS LOCATION SHOULD BE NEAR THE WARNING LABEL/SAFETY INSTRUCTIONS PROVIDED WITH YOUR TRAMPOLINE. LABEL ON POLE MUST BE VISIBLE WITH EYEBOLT FACING OUTWARD.

#### Step 5: Lower U-bolt assembly

- Attach U-bolt at bottom of support pole. Intall lower U-bolt assemblies approximately 2-3 inches from the end of the support pole so that the ends face inward, toward the center of the trampoline. Screw protective, ball nuts (H7) on to each leg of U-bolt.
- Repeat Step 4 and Step 5, connecting each support pole around the trampoline.





#### Step 6: Preparing the net

Find an area (approximately 70 feet) to straighten out the net (G). With one person at each end, pull and shake net so that the meshes are evenly distributed along straps.

- One end of the support strap has loops, as this will be the end that is hung first.
- The WIDER support strap will be the top of the net.

#### Measure the net

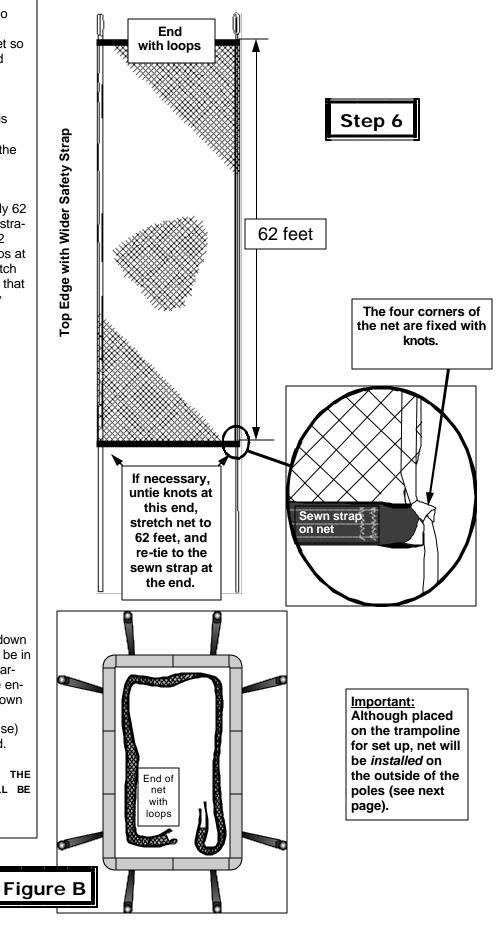
The net should measure approximately 62 feet from edge to edge of net (see illustration). If the net measures less than 62 feet, untie the knots in the safety straps at the end of the net without loops. Stretch net to 62 feet, and re-tie the straps so that the net will NOT slide along the safety straps.

#### Position the net

Lay the end of the net with the loops down on the bed of the trampoline. This will be in between the two poles at one of the narrow ends of the trampoline (where the entrance to the trampoline will be) as shown in Figure B.

Continue laying the net down (clockwise) around the edge of the trampoline bed.

NOTE: ALTHOUGH PLACED ON THE TRAMPOLINE FOR SET UP, NET WILL BE INSTALLED ON THE OUTSIDE THE POLES (SEE NEXT PAGE).



**NOTE:** If you have a 14x16 foot trampoline, see Addendum 2 found on page 19, for instructions on installing the net.

#### Step 7: Attach the net to Poles

#### Orientation for installation of net

Poles are numbered according to **Figure 1** in order to clarify orientation for assembly.

NOTE: NET IS HUNG ON OUTSIDE OF POLES, EXCLUDING POLE 2 (SEE FIGURE 1).

# Hang end of net with loops in the support strap to Pole 1

◆ Slip loops of WIDE strap over Pole 1 Ball End Cap and into Eyebolt (see Figure 2).

#### Hang net on **INSIDE** of Pole 2

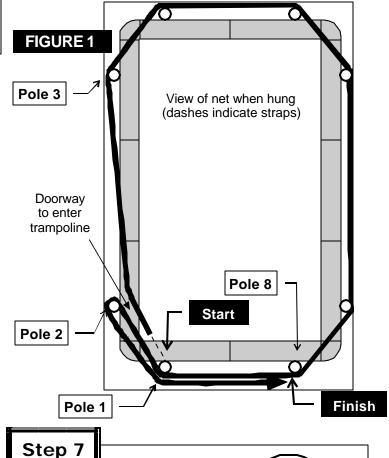
- ♦ Pull the net to the INSIDE of Pole 2 (see Figure 3).
- With tension on the net, make some slack in the WIDE strap at the top and install strap over the ball end cap and into eyebolt hook.

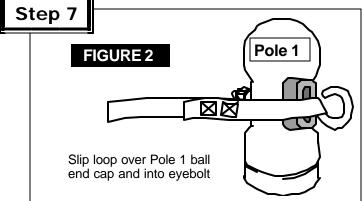
NOTE: NET IS HUNG ON OUTSIDE OF POLES, EXCLUDING POLE 2 (SEE FIGURE 1).

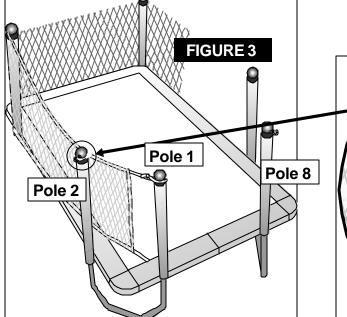
#### Hang net on **OUTSIDE** of remaining Poles

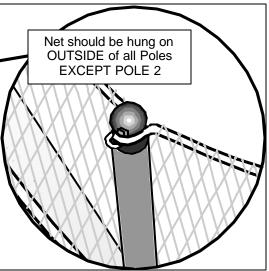
- Pull the net to Pole 3.
- ♦ Lift the *entire net assembly* over the Pole so the net is on the OUTSIDE of the Pole.
- With tension on the net, hook the wide strap and a mesh of net into eyebolt hook, so it will maintain its position.

Repeat, hanging the net on the OUTSIDE of the remaining Poles, <u>including Pole 1</u> (see Figure 4 on next page).





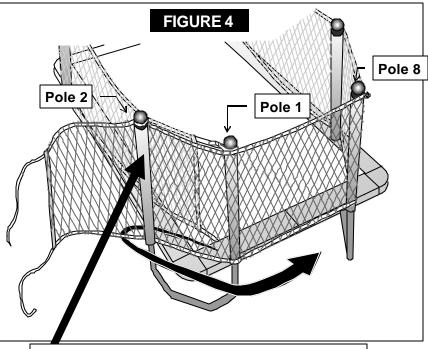




# Step 7 (continued): Attach the net to Poles

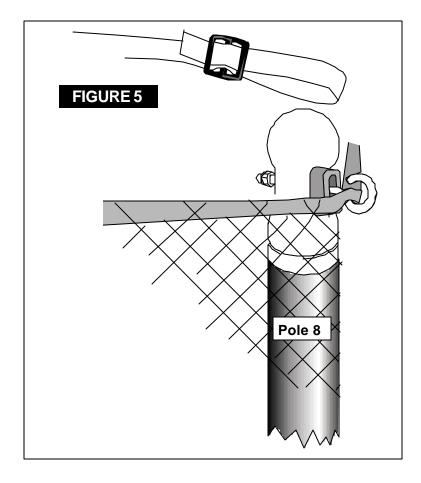
- After hanging the net on the outside of Pole 1, pull the end of the net <u>in-between</u> Pole 2 and the net (see Figure 4).
- Wrap the net <u>counter-clockwise</u> around Pole 2, and pull past Pole 1 (see Figure 4).
- Attach end to Pole 8 (see Figure 5, and on next page Figure 6).
- To anchor the end at Pole 8, make a loop in wide strap, install loop through plastic buckle, and install over top of Ball End Cap (see Figure 5).

NOTE: THE NET MUST BE PULLED TIGHT AT EACH POLE THEN HUNG. THE BOTTOM OF NET MAY NOT REACH THE BED OF THE TRAMPOLINE UNTIL THE NEXT STEP WHEN THE LOWER PORTION IS ATTACHED.



Step 7

After net is wrapped around all Poles, the net is fed between Pole 2 and net, and wraps around Pole 2



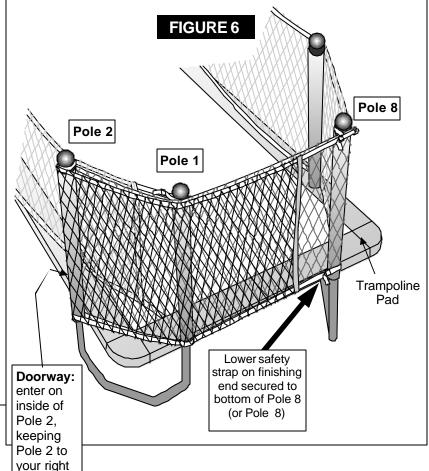
# Step 8: Form the doorway by creating overlap

#### Secure lower ends of net

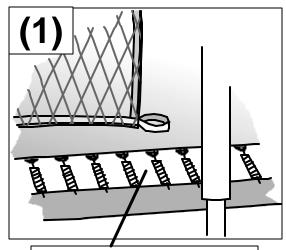
- Attach the Bungee "T" Anchor around loop in lower safety strap on the starting end of the net. See (1).
- Pull the bungee "T" Anchor toward Pole 1 until the starting edge of the net is nearly vertical. See (2).
- ◆ Feed the "T" through the closest V-ring on the trampoline mat. The "T" Anchor will be installed to the inside of the trampoline pad. See (3).

Pull the other end of the lower safety strap (attached to the outside section of net) and tie to Pole 8 just below the foam on the Pole (see Figure 6).

NOTE: WHEN ATTACHED CORRECTLY, THIS WILL LEAVE AN ENTRY-WAY ON THE INSIDE OF POLE 2, LEADING TO THE RIGHT.

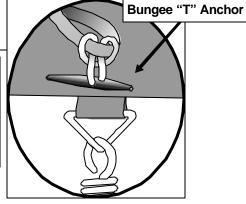


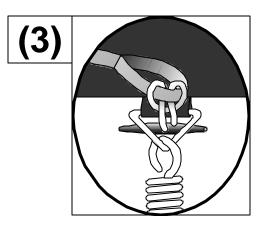
Step 8



Trampoline pad not shown only for perspective on attachment. Pad would normally be installed.

Loop on bottom strap is connected to V-ring on trampoline mat, using a Bungee "T" Anchor on the inside of the trampoline pad.





# Step 9: Secure lower safety strap at each pole with short bungee cord

Work the net down each pole. From the outside of the trampoline, hook net and lower support strap around the lower edge of each pole cushion.

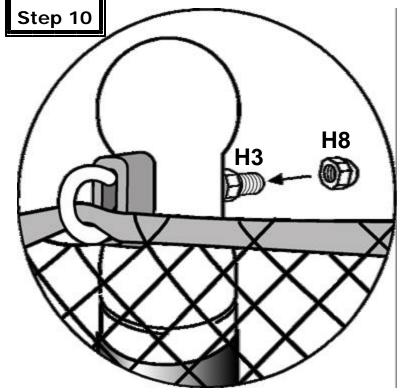
At each pole, wrap a short bungee cord (K) around the lower support strap. Wrap the ends of the bungee cord around leg of trampoline and hook loops securely over **lower** U-bolt clamp. Repeat at the remaining poles.

# Short Bungee Cord (K) Lower support strap Step 9 Ends of short bungee cord wrap around leg of trampoline and hook over lower Ubolt clamp View of lower clamp as if looking out from under trampoline

# STEP 10: Tighten eyebolt assemblies and install acorn nuts

Make sure that the upper strap and one mesh net are seated into the eyebolt hook, and that the eyebolt hook is facing upward. Tighten hex nut with nylon insert (H3) using socket or crescent wrench so that the eyebolt cap closes the hook of the eyebolt, locking the net into place. Install steel acorn nut (H8) onto the end of eyebolt. Do not overtighten acorn nut.

Repeat at the remaining poles so that the net is locked into place.



# Step 11: Connect lower safety strap to bed of trampoline using Pad Straps

#### Long Sides of trampoline

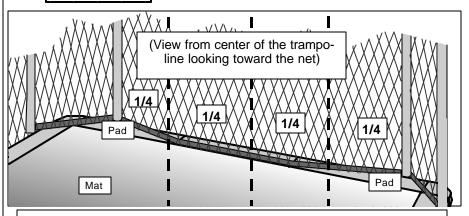
Between the 2 Poles making up each **long** side of the trampoline, divide the net panel into 4 quarters. Position a Pad Strap (J) over the lower safety strap where each of these sections are divided (3 places). Pull the Pad Strap so that it hangs equally on each side of the lower safety strap.

# How to attach the Pad Straps to trampoline mat

- Push the net over the TOP of the trampoline frame pad, and feed one end of the pad strap through a Vring on the bed of the trampoline.
- From underneath the trampoline, pull the strap tight enough so that the lower safety strap is approximately 2 inches from the V-ring, then tie the ends of the Pad Strap together.
- Each connection point pulls the net in over the TOP of the trampoline pad.

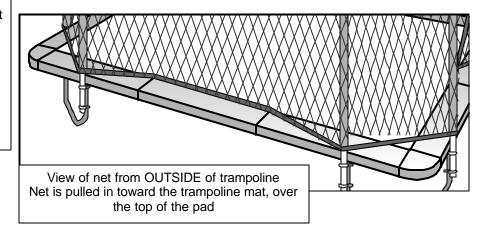
NOTE: PAD STRAP MUST WRAP THOUGH THE LOWER SUPPORT STRAP ONLY. DO NOT WRAP THROUGH NET.

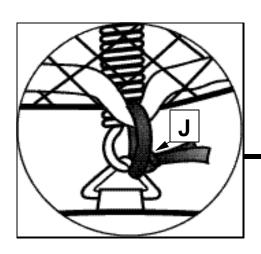
# Step 11

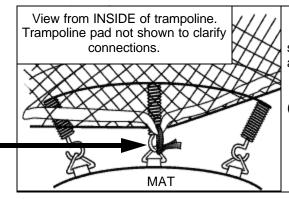


In all panels (except the panel with the overlapping net) secure the net to the bed of the trampoline using pad straps.

**Note:** The net is pulled OVER the top of the trampoline pad and connected to the trampoline mat between each set of poles. Do NOT pull netting around the OUTSIDE of the trampoline frame between the poles. Do NOT wrap the Pad Straps through the net. ONLY wrap through the lower support strap.







Tie each pad strap securely to a V-ring on bed of trampoline (trampoline pad not shown for clarity)

# Step 11 (continued): Connect lower safety strap to bed of trampoline using Pad Straps

#### **Short Sides of trampoline**

Between the 2 Poles making up the **short** side of the trampoline (the side OPPOSITE the overlapping doorway), divide the net panel into thirds. Position a Pad Strap over the lower safety strap where each of these sections are divided (2 places). Pull the Pad Strap so that it hangs equally on each side of the lower safety strap. See "**How to attach the Pad Straps**" on the previous page, to complete the short sides.

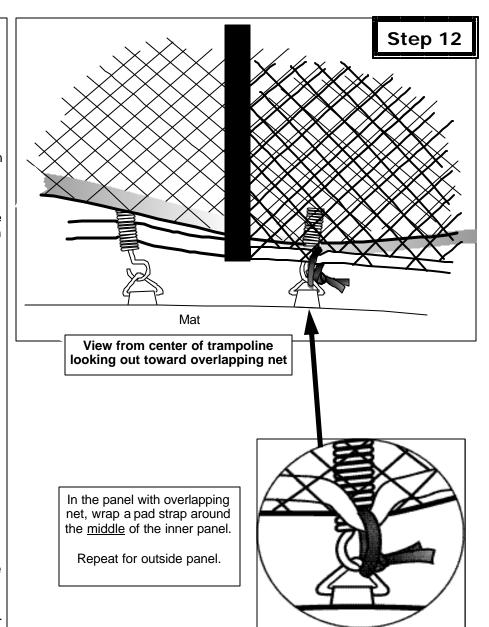
#### Corners of trampoline

Between the 2 Poles making up each **corner** of the trampoline, divide the net panel into 2 halves. Position a Pad Strap over the lower safety strap where the 2 halves are divided (1 place). Pull the Pad Strap so that it hangs equally on each side of the lower safety strap. See "**How to attach the Pad Straps**" on the previous page, to complete the corners.

NOTE: PAD STRAP MUST WRAP THOUGH THE LOWER SUPPORT STRAP ONLY. DO NOT WRAP THROUGH NET.

# STEP 12: Connect lower support strap to bed of trampoline at overlapping panels

In the panel with the overlapping net, wrap a pad strap through the lower support strap **midway between** the end of the <u>inside</u> panel and Pole 2, and tie to V-ring (as outlined above). Repeat this process with a pad strap around the lower support strap midway between the end of the <u>outside</u> panel, and the Pole 1.



# STEP 13: Attach long bungee cord to pole

Attach one of the long bungee cords (N) to each pole directly below the foam. This can be done by wrapping a bungee cord around the pole (below the pole cushion), and threading one end through the other. Pull all of the slack through the loop, so that the anchored end "chokes" the pole.

#### Attach net to bungee cord

Locate the column of netting closest to the pole, and weave free end of bungee cord vertically up (in and out) through every 3rd square (approximately).

NOTE: A LADDER MAY BE NECESSARY FOR THIS STEP. PLEASE USE CAUTION, AND COMPLY WITH THE WARNINGS ON YOUR LADDER. AT THE TOP, LOOP THE BUNGEE CORD OVER BALL END CAP.

Repeat at each of the remaining poles.

# STEP 14: Complete suspension system

# Attach bungee cords to poles, using pole straps

From the inside of the trampoline, hook the looped end of pole strap (P) over each ball cap.

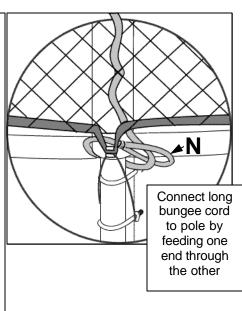
Wind the strap around the pole, weaving it through *every other inside* section of bungee cord (N) as you wrap. This will create *approximately* 5-8 wraps. Tie the end of the strap to the upper U-bolt. Repeat at the remaining poles with bungee cords.

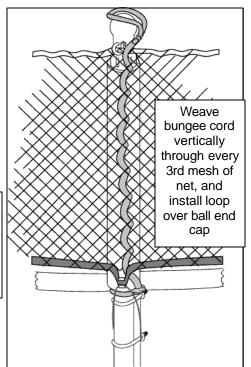
IMPORTANT: DO NOT WEAVE THE POLE STRAP THROUGH THE NET. THE POLE STRAP MUST WRAP THROUGH THE BUNGEE CORD ONLY. IF THE POLE STRAP IS WRAPPED THROUGH THE NET, THE SYSTEM WILL NOT WORK PROPERLY.

**Note:** The upper and lower support straps may need periodic tightening. Check buckles and straps regularly. If the net sags due to extended use, we recommend repeating steps 7 through 14 so that net is tight again.

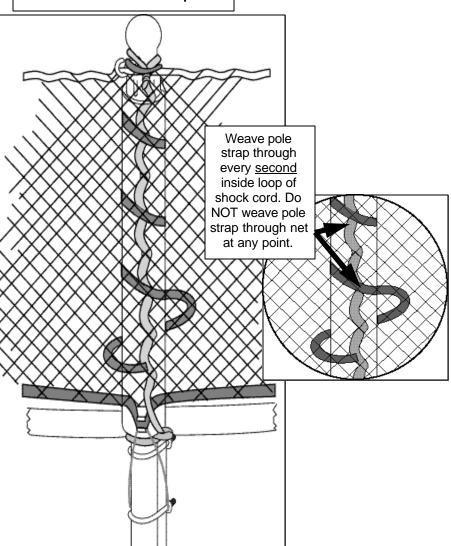
# STEP 15: Hang warning placard from net near entrance

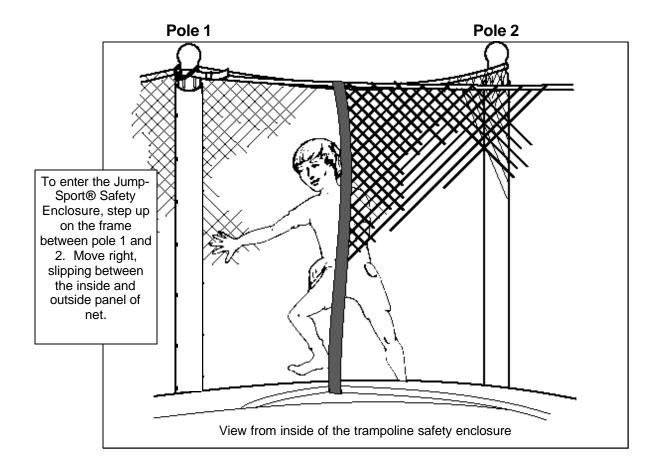
Attach warning placard (L) to the outside of the net where it will be visible from the entrance, using cable tie (M).





View from outside of trampoline





Enjoy your JumpSport® Safety Enclosure!

For more information about the JumpSport

Proflex™ basketball set, JumpSport

GamePak™, JumpSport BigTop™ Tent, and

other fine products, visit our website at

www.jumpsport.com

#### **Addendum 1: Wide U-bolt Installation**

Note: This part of the Addendum is for installing the Wide U-bolts (part Z) that may have shipped separately from the rest of your order.

Follow the instructions at the beginning of this manual up through STEP 3. Use this Addendum for STEP 4, and then go back to STEP 5 on page 8.

# STEP 1: Installation of Wide U-bolts

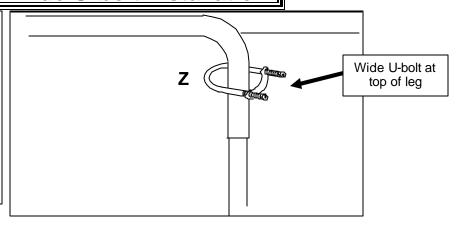
- Remove the Nylock Nuts (H5) and Clamps (H6) from 8 of the U-bolts (H4) that originally came with the enclosure. Save these for use with the Wide Ubolts (Z).
- Slide one of the Wide U-bolts onto the leg of the trampoline at the point where it becomes vertical below the frame.
   Install clamp onto the ends of the U-bolt and hand-tighten a Nylock Nut onto each end.
- Slide safety enclosure pole assembly into the U-bolt assembly. Tighten Nylock Nuts, then install Ball Nuts (H7).

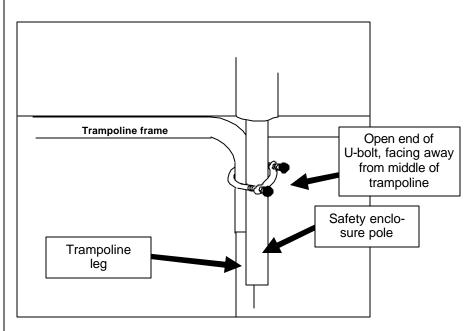
NOTE: THE OPEN END OF U-BOLT SHOULD BE FACING OUT, AWAY FROM THE MIDDLE OF THE TRAMPOLINE. THIS WILL BE DIFFERENT THAN THE INSTRUCTIONS SHOWN IN STEP 4 ON PAGE 8.

 Return to STEP 4 on page 8 of this manual to complete the U-bolt installation. The bottom U-bolt in STEP 4 will be the standard U-bolt (H4) and not the Wide U-bolt (Z).

Call 408-213-2551 with installation questions.

NOTE: THE WIDE U-BOLTS ARE INTENDED TO BE USED ONLY FOR THE UPPER U-BOLT ASSEMBLY, AND WILL REPLACE 8 OF THE U-





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#### Addendum 2: Trampolines 14'x16' or larger

*Note:* This part of the Addendum is for installing the net on a 14 x 16 foot rectangular trampoline.

If your trampoline is 14 x 16 feet, follow the instructions at the beginning of this manual up through STEP 6. Use this Addendum for STEPs 7-8, and then go back to STEP 9 on page 13.

#### Step 7: Attach the net to poles

#### Orientation for installation of net

Poles are numbered according to Figure 1 in order to clarify orientation for assembly.

Note: Net is hung on OUTSIDE of poles.

#### Hang end of net with loops to Pole 1

Slip loop of WIDE strap over Pole 1 ball cap and into eyebolt.

#### Hang net on OUTSIDE of Pole 2

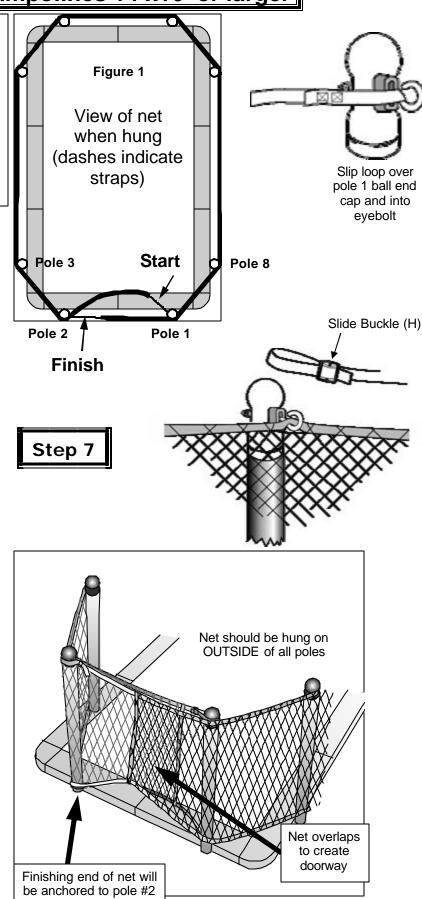
Pull the netting to Pole 2. Lift the *entire net* assembly over the pole so the net is on the outside of the pole. With tension on the net, hook the strap and a mesh of net into Eyebolt hook, so it will maintain its position.

# Continue to hang net on OUTSIDE of remaining poles

Repeat, hanging the net on the OUTSIDE of the remaining poles **including Pole 1**.

The net must be pulled tight at each pole and then hung. If hung correctly, it may not reach the bed of the trampoline in many areas during the hanging process.

After hanging the net on the outside of Pole 1, pull the end of the net toward Pole 2. Stretch the strap to Pole 2, and form a loop by installing Slide Buckle (H). Slip loop over Ball End Cap of Pole 2, so it rests in hook of Eyebolt.



#### Addendum 2: Trampolines 14'x16' or larger

# Step 8: Form the doorway by creating overlap

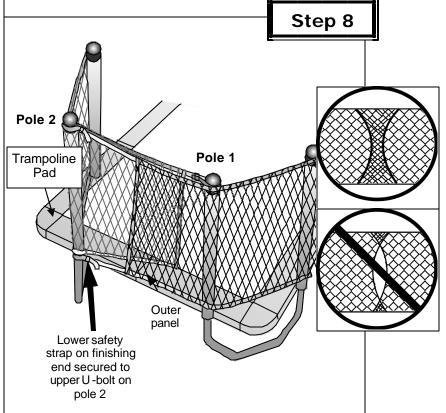
When hung correctly, inner and outer panel of net should overlap by 1 to 5 feet (minimum 6 inches in middle, due to "hour glass shape").

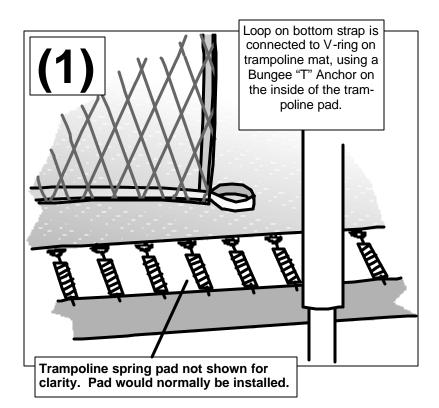
IMPORTANT: IF THE NET DOES NOT OVERLAP BY AT LEAST 6 INCHES IN THE MIDWAY UP THE NET, READJUST OR CALL CUSTOMER SUPPORT FOR HELP.

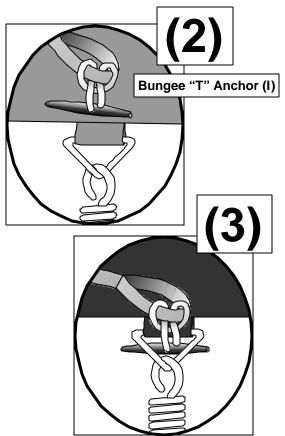
#### Secure lower ends of net

- Attach the Bungee "T" Anchor (I) around the loop in the lower support strap.
- Pull the bungee "T" anchor toward Pole 1 until the starting edge of the net is nearly vertical.
- Feed the "T" through the V-ring closest to Pole 1. The "T" Anchor will be installed to the inside of the trampoline pad.
- Pull the other end of the lower support strap (attached to the outside section of net) toward Pole 2, wrap around rail of trampoline two times, and tie securely to upper U-bolt.

RETURN TO STEP 9 (PAGE 13) IN THIS MANUAL TO COMPLETE THE INSTALLATION.







#### **CARE & MAINTENANCE**

#### **CARE**

The trampoline enclosure is intended to be used by one person at a time, weighing up to 295 lbs.

This unit is designed for year-round outdoor use. However, in climates of cold weather where snow and ice is prevalent, we recommend the net be taken off and stored in a dry area.

#### **MAINTENANCE**

Your trampoline enclosure is manufactured using quality materials and is finely-crafted to provide you and your family with many years of enjoyment and exercise. Proper maintenance and care will help to prolong the life of the units and reduce the possibility of injury.

The following guidelines should always be observed:

Inspect the unit before each use and replace any worn, defective or missing parts. The following conditions present potential hazards and increase the danger of personal injury:

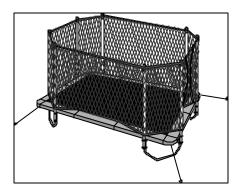
(IF ANY OF THESE CONDITIONS EXIST, THE DEVICE SHOULD BE DISASSEMBLED OR OTHERWISE PROTECTED AGAINST USE UNTIL THE CONDITION IS REMEDIED)

- A. Missing, improperly positioned, or insecurely attached barrier (netting) or enclosure support system (frame) padding and pole caps
- B. Punctures, frays, tears, or holes worn in the barrier (netting) or support system (frame) padding
- C. Deterioration in the stitching or fabric of the barrier (netting) or support system (frame) padding
- D. Ruptured or over-stretched springs
- E. A bent or broken support system (frame)
- F. Sagging barrier (netting)
- G. Sharp protrusions on the support (frame) or suspension system

#### **SPECIAL CONSIDERATIONS**

#### WIND

It is possible for the trampoline to be blown about by a high wind. If you anticipate high winds, the unit should be moved to a sheltered location, disassembled, or the top of the frame should be secured to the ground with the use of a JumpSport Trampoline Anchor Kit. Do not simply secure the legs to the ground, as they can pull out of the frame sockets. The Anchor Kit can be found at www.jumpsport.com



Use a JumpSport® trampoline anchor kit to tie down the trampoline. Make sure the ends of the stakes and the ropes are easy to see.

#### MOVING THE DEVICE

If you need to move your unit periodically, it should be moved by at least three people, **kept horizontal** and **lifted slightly to move.** Disassemble the unit for any other type movement.

#### **CARE & MAINTENANCE SAFETY CHECK LIST**

Inspect the device before using and replace any worn, defective, or missing parts.

FRAME PADS:	Frame and pole pad life expectancy is one to two years. Do not allow jumpers to grab pad in order to pull themselves onto trampoline				
		Safety (	afety Check		
			Safe	Unsafe	
	Check for:				
	Vinyl Deterioration	Replace			
	Foam Deterioration	Replace			
	Missing Pads	Replace			
	Stitching Deterioration	Re-stitch			
NET:	deterioration	or fraying.			
	Check for:				
	Faded & breaking top/bottom strap	Replace straps			
	Brittle & tearing net	Replace			
	Cuts, tears, or holes in net /strapping	Replace			
	Missing Warning Labels	Phone manufacturer for replacement			
STEEL TUBING:					
	Check for:				
	Rust	Clean & paint			
	Structural failure	Replace			
	Bent frame	Repair or replace part			
	Sharp protrusions	Repair			
	Missing frame warning labels	Phone manufacturer for replacement			

**SAFETY RULES** – Review this manual with all jumpers. Maintain all warning labels and signs. If labels or signs become lost or unreadable write or telephone the manufacturer for free replacements.

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**IMPORTANT:** 

# USE OF YOUR PRODUCT PRECAUTIONS

The majority of users of trampolines are children, and therefore need close supervision and rules to follow while playing on the device. These rules must be enforced by whomever is responsible for the care of the children. It is strongly recommended that the buyer of this product go over the rules and recommendations in the packet of information supplied, including those in this manual. It is also strongly recommended that these rules and recommendations be supplemented with those of your own (e.g., the time that jumping is allowed, when neighbors can visit, etc.), and that these rules and recommendations be reviewed with anyone who is going to jump on the trampoline. If it is possible, these rules should be reviewed with the parents or guardians of any visitors who may be jumping on the trampoline.

#### **Before you Jump, Read this:**

Please read the warnings on the next page with the following in mind:

- ⇒ The trampoline enclosure is not designed to prevent injuries associated with unsafe use of the trampoline, or associated with more advanced skills like flips, somersaults, or acrobatic maneuvers.Do not attempt any of these activities.
- ⇒ Each user should become familiar with the wanings, precautionary statements and usage instructions before jumping.
- ⇒ The trampoline enclosure does not replace the need for supervision by a responsible, knowledgeable adult.
- ⇒ Allow only one user to use the entrance at one time.
- ⇒ When exiting do not jump off the edge of the trampoline. Always sit on the edge, then carefully lower your body onto the ground.
- ⇒ Do not attach other apparatus to the trampoline enclosure unless it is an JumpSport-approved device. Any additional JumpSport Accessory that you may attach to the trampoline enclosure must be attached and used only in accordance with the instructions for such accessory.

It is essential that trampoline users follow a carefully planned safety program so that the trampoline can be fully enjoyed. Most accidents can be classified into the following headings:

#### LANDING ON SPRINGS OR FRAME

The risk of falling on, landing between the springs, or hitting the frame, can be reduced through: proper mounting and dismounting of the trampoline; emphasizing jumping at the center of the bed without traveling toward the sides; and by the installing quality frame pads. Simple frame pads or spring covers on their own, do not give adequate protection.

#### **BOUNCING OUT OF CONTROL**

This problem can be controlled, if not completely eliminated, through proper instruction and mastering of "STOP BOUNCE" (see page 21 for instructions). Keep other objects away from the trampoline. It is a dangerous practice to jump from the trampoline enclosure to the floor or ground. Do not jump from the trampoline into a swimming pool, a swing, or any other object. Do not install trampoline on concrete, asphalt or hard compacted surfaces.

#### LANDING INCORRECTLY ON THE BED

Landing incorrectly on the bed creates great risk of a serious injury with most of these resulting from attempting somersaults. IT IS STRONGLY RECOMMENDED THAT SOMERSAULT PROCEDURES **NOT** BE PRACTICED. Serious injury or death may occur.



# **WARNINGS - POINTS OF SAFETY**

A

Read the following precautions.

- 1. Do NOT attempt or allow somersaults on the trampoline. Landing on your head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the bed.
- 2. Do NOT allow more than one person on the trampoline (inside the trampoline enclosure) at a time. Use by more than one person at the same time can result in serious injuries.
- 3. Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.
- 4. Trampolines over 20 in. (51 cm) tall (including this trampoline) are NOT recommended for use by children under 6 years of age.
- 5. Inspect the trampoline and trampoline enclosure before each use. Make sure the trampoline frame padding, barrier (netting), and the enclosure support (frame) is correctly and securely positioned. Replace any worn, defective or missing parts.
- Climb on and off the trampoline. It is dangerous to jump onto the trampoline when mounting. Do NOT use the trampoline as a springboard to other objects.
- Stop your bounce by flexing your knees as your feet come in contact with the trampoline bed. Learn this skill before attempting others.
- 8. Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.
- Avoid bouncing too high. Stay low until you can control your bounce and repeatedly land in the center of the trampoline. Control is more important than height.
- 10. Focus your eyes on the perimeter of the trampoline. This will help control your bounce.
- 11. Avoid bouncing when tired. Keep turns short.

- 12. Properly secure the trampoline when not in use. Protect it against unauthorized use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised access by children under 6 years of age.
- 13. Keep objects away which could interfere with the performer. Maintain a clear area around the trampoline.
- 14.Do not use the trampoline while under the influence of alcohol or drugs.
- 15. For additional information concerning the trampoline, contact the manufacturer.
- 16. For information concerning skill training, contact a certified trampoline instructor.
- 17.Bounce only when the surface of the bed is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds.
- 18.Do not attempt to jump over the barrier (netting). Doing so may result in severe injury or death.
- Do not attempt to crawl under the barrier (netting). Severe injury or strangulation may result.
- 20.Do not intentionally rebound off the barrier (netting), or the enclosure support (frame).
- 21.Do not hang from, kick, cut or climb on the barrier (netting).
- 22. Wear clothing free of drawstrings, hooks, loops or anything that could get caught in the barrier (netting). Remove all jewelry.
- 23.Do not attach anything to the barrier (netting) that is not a manufacturer-approved accessory or part of the enclosure system.
- 24.Enter and exit the enclosure <u>only</u> at the enclosure door or barrier (netting) opening designated for that purpose.
- 25.Read all instructions before using the trampoline and trampoline enclosure. Warnings and instructions for the care, maintenance and use of this trampoline and trampoline enclosure are included to promote safe, enjoyable use of this equipment.

### **BASIC SKILLS**

#### **BOUNCING**

The most important thing about bouncing is that it should be done with control in the center of the bed. The basic bounce should always begin low. High, reckless bouncing should never be allowed.

#### The Stop Bounce

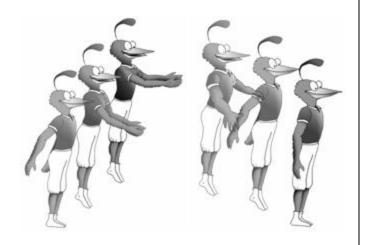
This technique allows the jumper to gain control by stopping quickly. It is done by keeping the feet in contact with the bed, and absorbing the rebound of the trampoline with the knees and waist. This skill should be learned right away and should be employed whenever you feel out of balance, or land away from the center area.

#### To learn the stop bounce:

- (1) Stand in center of the bed with your feet about hip-width apart.
- (2) Attempt about three easy bounce, keep them low and controlled.
- (3) Focus your eyes toward the perimeter of the trampoline while bouncing in order to keep your balance.
- (4) Stop the bounce by bending your knees and hips on contact with the bed.

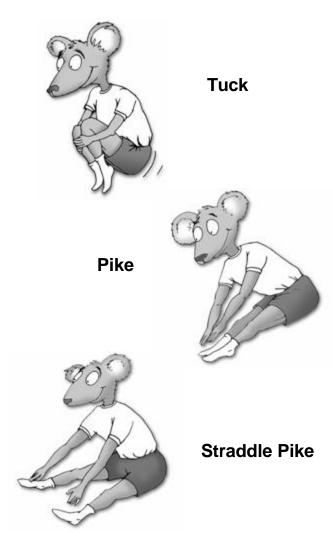
#### **ARM ACTION**

Arms are very important for proper control and lift. Whenever you go up, your arms go up. They go up to a set position about shoulder height and shoulder width. They should remain in this balanced position until you start down. Then they circle down and slightly behind the hips, ready to lift again as you bounce up.



#### **BOUNCE VARIATIONS**

The following figures show three variations, which should be assumed at the top of the bounce, before resuming the normal landing position on the feet.



Practice these simple variations and concentrate on perfect form. Make sure that the toes are pointed and fingers are straight. Also make sure that you are taking off and landing in the same spot on the center of the bed.

These simple variations to the basic bounce can be a lot of fun, and are very important for gaining experience in coordinated movement.

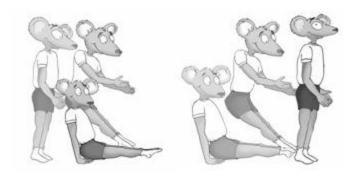
#### **BASIC LANDING POSITIONS**

Positions for all drops (seat, hands and knees, front, and back) should first be performed on the ground, then in a stationary position on the trampoline bed.

Once the position is correctly executed, the drop can be performed after "priming" the trampoline bed. Priming is done by bending the knees and pushing down repeatedly on the trampoline bed, thereby setting the bed in motion. The feet stay in contact with the bed during the entire priming motion.

#### The Seat Drop

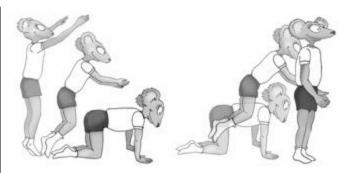
- (1) From the standing position, prime the bed several times.
- (2) Pick up your feet at the top of the last bounce, and sit down. You should land so that your body is in a sitting position with your legs straight out in front of you and your toes pointed. Hands should be on the bed next to your hips. Fingers should be together and pointed toward the toes.
- (3) Push on the bed with your hands to rebound up to your feet.



#### The Hands and Knees Drop

To do this drop properly, there should be just as much weight on the hands as on the knees. The back should be about parallel to the bed. The knees and hands should land simultaneously, with the middle of the body landing in the center of the trampoline. The hands should be directly under the shoulders. The knees should be directly under the hips. The toes should be pointed.

- (1) Get down on your hands and knees on the bed. Make sure you have weight on both your hands and your knees. Don't sit on your heels.
- (2) Remain in this position and try to bounce. Don't rock back and forth between the hands and knees, but develop an even landing on all four points.
- (3) From the standing position, prime the bed several times. Lift upward with the hips, reach forward with the hands, and land on all fours. Look slightly in front



of your hands on landing. Push to rebound to your feet.

#### The Front Drop

Contact with the trampoline bed should simultaneously take place with your hands, elbows, chest, stomach, and hips. Knees should be bent.

Hands should be placed close together with palms in contact with the bed forming a triangle. Eyes should be focus on triangle or slightly in front of your fingers.

#### STEP 1:

- (1) Start from the hands and knees drop position.
- (2) As you rebound from the hands and knees, stretch so that you land on your stomach. From this position, rebound to your hands and knees.

#### STEP 2:

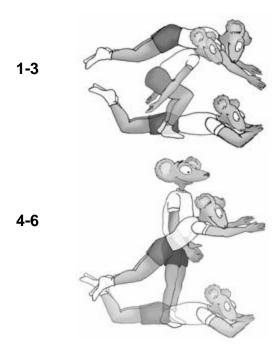
- (1) Start from a standing position with knees bent so that your upper body is low and close to the trampoline bed.
- (2) Prime the bed several times.
- (3) Lift hips gently upward and backward.
- (4) Land in contact with the bed as described in Step 1.
- (5) Push with the hands to return to the feet.

#### STEP 3: (See next page)

- (1) Start from a straight standing position.
- (2) Prime the bed several times.

Perform skill as in Step 2.

Important: You must come down level. If the landing is made first on the chest and arms, they will rebound before the knees hit which will result in a straining action on the back. If this type of landing is made with a traveling, diving approach there is a good chance that the elbows may become skinned. If the landing is made so that the knees and hips hit first, then they will rebound and the shoulders and face will land heavy.



#### Series of drops

Once you have mastered the individual bounce variations and drops, perform them in sequence. For example: Seat Drop – Hands and Knees Drop – Front Drop – Hands and Knees Drop – Seat Drop.

#### **BEGINNING TWISTING**

The following figures will show you a few of the many possible twisting variations of the basic landing positions.

# Seat Drop - Half Twist - Seat Drop (AKA: Swivel Hips)

#### **STEP 1:**

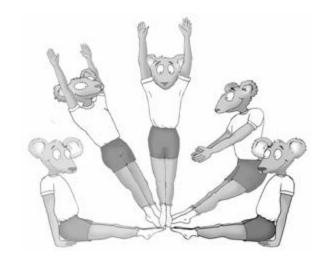
- (1) Perform a seat drop.
- (2) Push down on the bed with the hands and come to a stand with the arms stretched overhead.

#### **STEP 2:**

- (1) Perform the movement in Step 1. As you rebound up to your feet, move one shoulder in the direction you want to twist.
- (2) Finish standing with arms stretched overhead, facing the opposite direction (180 degree twist completed).

#### STEP 3:

(1) Perform as in Step 2. Just before contacting feet with the trampoline bed, lift legs to land in a sitting position (180 degree twist completed).



# Front Drop – Half Twist – Front Drop (AKA: Turntable)

#### **STEP 1**:

- (1) Begin in a hands and knees position, with hands forming a triangle, like in a front drop.
- (2) Prime the bed in this position.
- (3) Push backward with hands and extend body to land in the Front Drop position.
- (4) Repeat several times in succession: Hands and Knees Drop Front Drop Hands and Knees Drop –etc.

#### STEP 2:

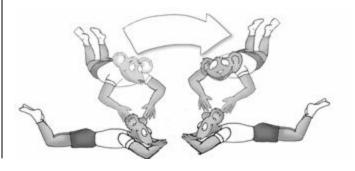
(1) Perform the movement as in Step 1. However, do it at twice the speed so as to bring the knees inward, under the hips and out again without touching the knees on the bed.

#### STEP 3:

(1) Perform the movement as in Step 2. Push sideways on the trampoline bed so that the body rotates like the hands of a clock.

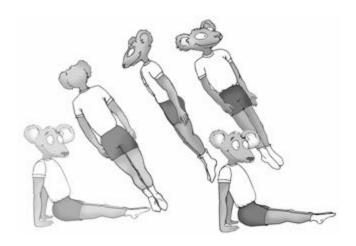
#### STEP 4:

(1) From a standing position, prime the bed, then perform a front drop. Push sideways, as in Step 3, and complete a 180 degree turn, finishing in a front drop facing the opposite position.



# Seat Drop – Full Twist – Seat Drop (AKA: Barrel Roll)

- (1) Perform this as you would a Swivel Hips but keep moving the shoulder in the direction of the twist so that you finish in the seat drop position, facing the same direction as you started.
- (2) During the twist, hands should be placed by your sides, with the body held straight.



#### **ADDITIONAL TWISTING**

You can have hours and hours of fun and challenging bouncing by combining twist with each of the basic landing positions (Drops). You can twist:

After the landing position.

Example: Seat drop - 1/2 twist - feet

You can add more twists. <u>Always</u> remember to practice and perfect the smaller twists before moving on to larger twists.

You can also perform a series of twists.

Example: Swivel Hips Perform several in a row, all twisting in one direction, or alternating directions. Turntable – same as swivel hips.

If you find that you love the trampoline, and have mastered the moves discussed in these instructions, you are encouraged to seek additional training from a CERTIFIED TRAMPOLINE INSTRUCTOR.



# JumpSport, Inc

# **One Year Limited Warranty**

What is covered by this warranty? This warranty covers any defects in materials or workmanship on all of the components of the JumpSport JumpCourt Safety Enclosure, and is extended exclusively to the original retail purchaser from the date of purchase.

**How long does this coverage last?** This warranty runs for one year from the date of purchase indicated on your original sales receipt.

**What will JumpSport do?** If you return the defective part freight prepaid as instructed below, JumpSport will either repair or replace such part, at JumpSport's discretion, and return it to you freight prepaid.

What is not covered by this warranty? This warranty does not cover expenses of on-site labor, travel, assembly or disassembly or other charges associated with the repair or replacement of covered components. This warranty also does *not* cover any problem that is caused by abuse, misuse, ordinary wear, tear, and weathering, acts of God (such as wind and lightning), failure to follow directions, improper installation, or improper maintenance. Rust is a natural occurrence with any outdoor steel product, and is likewise not covered by this warranty to the extent that it does not affect the structural integrity of the part.

JUMPSPORT IS NOT RESPONSIBLE OR LIABLE FOR INDIRECT, SPECIAL OR CONSEQUENTIAL DAMAGES ARISING OUT OF OR IN CONNECTION WITH THE USE OR PERFORMANCE OF THE PRODUCT OR OTHER DAMAGES WITH RESPECT TO ANY LOSS, INCLUDING BUT NOT LIMITED TO ECONOMIC LOSS, LOSS OF PROPERTY, LOSS OF REVENUE OR PROFITS, LOSS OF ENJOYMENT OR USE, COST OF REMOVAL, INSTALLATION OR OTHER CONSEQUENTIAL DAMAGES. SOME STATES DO NOT ALLOW THE EXCLUSION OR LIMITATION OF INCIDENTAL OR CONSEQUENTIAL DAMAGES. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

THE WARRANTY EXTENDED HEREUNDER IS IN LIEU OF ALL OTHER WARRANTIES AND ANY IMPLIED WARRANTY OF MERCHANTABILITY OR FITNESS FOR A PARTICULAR PURPOSE IS LIMITED IN ITS SCOPE AND DURATION TO THE TERMS SET FORTH HEREIN. SOME STATES DO NOT ALLOW LIMITATIONS ON HOW LONG AN IMPLIED WARRANTY LASTS. ACCORDINGLY, THE ABOVE LIMITATION MAY NOT APPLY TO YOU.

How to get a defective part replaced: 1) Call the JumpSport Customer Service Department at 408-213-2551 to obtain a Return Authorization Number. All returns must be pre-authorized. 2) Send the part(s) to the designated service center freight prepaid, along with a copy of your original sales receipt and a brief written description of the problem, including how it occurred. 3) After inspecting the returned part(s), JumpSport will make a final determination whether the part is covered by this warranty. A repaired or replacement part will be returned to you. Please allow 3 to 4 weeks for delivery.

This warranty gives you specific legal rights. You may also have other rights which vary from state to state.

JumpSport, Inc. P.O. Box 2446 Saratoga, CA 95070 408-213-2551 http://www.jumpsport.com